



Wassle

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4 cups apple cider
4 cups unsweetened pineapple
juice
1 ½ cup apricot nectar
1 cup orange juice
6 cinnamon sticks
1 tsp. whole green cardamom

1. Pour all juices into your slow cooker and turn it on to high.
2. Place the cardamom pods on your cutting board and crush them with the back of a spoon or flat of a knife.
3. Add the cinnamon and crushed cardamom to the juices.
4. Cover and heat until hot.
5. Turn the slow cooker down to low and enjoy.
6. *Optional:* float a new cinnamon stick in each mug.